



Access to Mental Health Support for Students and Staff

1. AUR framework for mental health support

Our University has established a proper and framework to assure professional mental health support which are available for all (staffs & students). This step is working under the strong institutional leadership and show commitment to holistic wellbieng as well as sustainability.

2. Mental Health Clinic of campus

A dedicated Mental-Health clinic managed by Amity Institute of Clinical Psychology is a milestone in strengthening mental healthcare access at AUR.

Infrastructure – It is located in Academic Block ‘A’, ensuring central campus accessibility which is supported by student representatives for navigation and outreach. This is designed as a confidential and safe therapeutic environment for better performance.

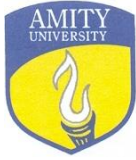
Professional Expertise – Here, the Services are delivered by licensed and trained clinical psychologists which is in adherence to ethical and professional counselling standards.

3. Range of Mental Health Services

Our above-mentioned facility provides all possible services covering preventive, curative, and developmental mental health needs: including **Clinical & Counselling Services** (Individual counselling sessions, Stress, anxiety, and Depression Management, Crisis intervention and emotional support), **Preventive Mental Healthcare** (Early identification and psychological screening, Coping strategies for academic and personal stressors, Emotional resilience development)

4. Awareness, Outreach, and Engagement

AUR integrates mental health awareness with service delivery to ensure maximum utilization and stigma reduction:



AMITY UNIVERSITY RAJASTHAN



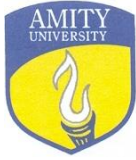
- Institutional communications inviting participation
- Engagement of faculty, staff, and students during clinic inauguration and activities
- Student-led support mechanisms for awareness and accessibility
- Informal sensitization through campus interactions and events



5. Inclusivity and Accessibility

The mental health support system at AUR ensures:

- Equal access for students, faculty, and staff
- On-campus availability, minimizing barriers
- Confidential and stigma-free services
- Professional, ethical, and inclusive care delivery



6. Governance and Institutional Support : This step is implemented with the active support of the Hon'ble Vice Chancellor, highlighting Strong leadership commitment, Integration of mental health into institutional policy and culture as well as Alignment with student welfare and staff well-being strategies.

7. Conclusion

The establishment of a dedicated Mental Health Clinic at Amity University Rajasthan ensures structured, inclusive, and professional access to mental health services for both students and staff.

Through a combination of clinical care, awareness initiatives, and strong institutional backing, AUR demonstrates a holistic and sustainable approach to mental well-being, aligning effectively with QS Sustainability Ranking indicators.